



Common Services, Fees, and Savings

Service	Member Pricing*	Average Retail Cost
Appointments (In-person, Virtual, or Phone)		
Establish Care	\$0	\$350
Annual Physical	\$0	\$275
Urgent/Continuity Visits	\$0	\$145
School, Sports, Work Physical**	\$0	\$209
Health Coaching	\$0 Employee Plan/ \$20 Retail Member	\$100
Nutrition Coaching	\$20	\$100
Labs (Most Common)		
BMP	\$5	\$42
CBC	\$5	\$31
CMP	\$5	\$46
Hemoglobin A1C	\$5	\$66
Lipid Panel w Chol/HDL Ratio	\$5	\$98
Pregnancy Test, Urine	\$5	\$25
PSA	\$5	\$107
Strep Test	\$5	\$66
TSH	\$5	\$94
Urinalysis	\$5	\$20
Iron & TIBC	\$13	\$74
ABO & Rh (Blood Typing)	\$14	\$87
Insulin	\$14	\$75
Thyroid Panel, Basic (TSH, T3, T4)	\$15	\$384
Beta hCG (Blood Pregnancy Test)	\$15	\$120
Vit B12	\$15	\$106
Ferritin	\$15	\$79

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Throat Culture	\$20	\$50
Urine Culture	\$20	\$72
Vit B12 & Folate	\$20	\$194
FIT Test (Fecal Test)	\$25	\$95
Annual Screening 6 (CBC, CMP, Vit D, Lipid, HgbA1c, ApoB)	\$29	\$407
RSV Test	\$30	\$50
Wound Culture	\$32	\$78
Flu Test	\$35	\$66
Thyroid Panel, Follow-Up	\$34	\$300
Thyroid Panel, Full	\$44	\$490
Hepatitis Panel	\$63	\$373
STI Panel	\$65	\$269
Advanced Lipid Panel	\$93	\$427
Hormone Panel	\$100, +DHT \$200	\$279
Procedures (most common)		
Pelvic Exam	\$0	\$25-\$60
EKG	\$5	\$44
Suture Removal	\$5 in-house suture; external \$20	\$330
Ear Irrigation	\$10 one ear; both \$15	\$150
Cryotherapy	\$20 1st site; additional sites \$15/each	\$218
Flu Shot	\$20	\$28
PAP	\$25	\$99
IUD Removal	\$30	\$98-\$198
Minor Procedure	\$30	\$212
Td Tetanus	\$44	\$50
Incision & Drainage	\$50	\$312
TDap	\$56	\$72
Pap + HPV	\$72	\$269
Biopsy w/ Pathology	\$80 1st site; additional sites \$54/each	\$352
Pap w/HPV and CtNg	\$92	\$368
<i>* Pricing as of 5/05/2023 and subject to change. Please inquire to confirm.</i>		
<i>** We do not offer DOT physicals</i>		

(Continued from above/other side)