



**Integrative
Family
Medicine**
of Asheville, PLLC

Employee Health Plan Membership

Employee Health Plan Membership Services

The first Direct Primary Care (DPC) clinic in the region, Integrative Family Medicine of Asheville (IFMA) has provided affordable, first-class employer-sponsored memberships to a wide range of businesses and organizations in WNC for over a decade. Current employer partners include LEAF Global Arts, Envision Eyecare, Ginger's Revenge, Katie Button Restaurants, and Jade Mountain Builders, plus many more small and large businesses across diverse industries.

We are an Asheville-based, independent, full-spectrum primary and urgent care practice focusing on disease prevention and lifestyle optimization. When treating illness, IFMA medical providers always look for the most effective, least invasive options first. We prescribe pharmaceuticals responsibly when necessary, refer to specialists as needed, and often recommend complementary therapies to support treatment.



MEMBERSHIP BENEFITS INCLUDE AND ARE NOT LIMITED TO:

- \$0 comprehensive establish care & annual visits
- \$0 continuity and urgent care visits (unlimited)
- \$0 health coaching to employee members
- Lab work at wholesale costs
- Full-spectrum primary care from providers trained in integrative medicine
- Wholesale-cost procedures
- Wholesale pharmacy (Rx \$6.50/month with free home delivery)
- In-person, virtual, and phone visit options (same/next day availability)
- Detailed visit notes & secure provider messaging access
- Educational group sessions for members
- Interactive online platform for individual & group engagement
- Nutrition overview & support
- After-hours triage service

Health Care You Can Trust

We are committed to patient health and empowerment, as reflected on our website's Resources and Lifestyle Support section featuring an extensive on-line video catalog of previous educational content. Our robust on-line support available to members also includes a healthy recipe database, wholesale supplement dispensary, and significant member discounts from local allied-health providers and facilities.

COSTS & FEES

MEMBERSHIP COSTS

\$105

The cost per employee member is \$105 per month, with a reduced fee of \$60 for children ages 17/under.

LAB AND RX FEES

Wholesale

We provide wholesale pricing on labs and medications. Most clients save thousands of dollars each year through wholesale pricing. Lab and Rx fees may be covered by the employer or left to the employee.

START UP COSTS

\$0

There are no additional startup costs/enrollment fees for employers!

We are passionate about providing a proactive approach to health care.

We would be glad to provide references from any of our current clients. Please visit our website for more details at:

www.integrativeasheville.org/employers

CONTACT

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